



École Varennes

22 Varennes Avenue
Wpg., Manitoba R2M 0N1
Tel: 204-253-1375
Fax: 204-253-7202
www.lrsd.net/schools/varennes

Administrators' Message

October 2018

Principal
Joanne DeCruyenaere

Vice-Principal
Michelle Bacon

Administrative Secretary
Clarisse Daudet

Secretary
Danielle Hince

Parent Committee
Natalie Oliver
President
evpc09@gmail.com

After School Program
YMCA-YWCA
204-255-6201

Family Centre
Shawna Crane
204-253-1375
shawna.crane@lrsd.net

**Louis Riel School Division
Board Office**
900 St. Mary's Road
Winnipeg, MB R2M 3R3
204-257-7827

Transportation
(Regular Inquiry)
204-253-2681 ext. 58337

We are well into the start of the first term: classroom routines have been established, friendships are being created and renewed, and learning is taking place.

The education of our children is an important and shared responsibility. When parents, families and community members are actively involved in education, student achievement tends to increase, students feel supported and a positive attitude toward learning is fostered.

Along with the professional expertise of school staff, parents and community members provide valuable perspectives that enhance school based decisions. Working together will strengthen our ability to provide a positive school experience for the students of École Varennes.

We place great importance on keeping our families informed. The school agenda is used as a daily communication tool. Automated telephone messages, school newsletter and social media such as Twitter, provide families with important reminders. The parent portal contains information regarding school events and easy accessibility to your child's classroom portal. Our staff fields questions by phone, e-mail and in person. Staying connected is vital to student success.

At École Varennes, we are committed to working together to promote a safe learning environment for our students. Throughout this newsletter, you will find important information to ensure the safety of all students.

As always, please do not hesitate to contact your child's teacher or the school administration if you have any questions or concerns about your child's progress or their experience at school.

Joanne DeCruyenaere
Principal

Michelle Bacon
Vice-Principal

Upcoming Events

Wednesday, October 10 - Parent Committee Meeting: 6:30 pm in school library

Friday, October 12 - Grade 4 outing to Canadian Museum of Human Rights: 12:45-2:30 pm

Monday, October 15 - School bus ridership: K-8 students

Tuesday, October 16 - Grade 5/6 Field Day: 12:40-2:40 pm at École St. Germain

Wednesday, October 17 - Flag Football at Investors Group Field: 9 am - 2:30 pm

Thursday, October 18 - Photo Day

Thursday, October 18 - Kindergarten Meet and Greet: 6 pm –7:30 pm

Friday, October 19 - Professional Learning Day (MTSPD Day) – No school

Tuesday, October 23 - Staff Meeting - Early Dismissal (2 pm)

Friday, October 26 - Hot Lunch (perogies and Booster Juice)

Friday, November 2 - Professional Learning Day: No school for students

Friday, November 9 - Remembrance Day Assembly: 10:30 am

Friday, November 16 - Photo retakes: 12:30 pm

Thursday, November 22 - Report cards sent home, Hot Lunch

Wednesday, November 22 & Thursday, November 23 - Student Progress Conferences: 3:30 pm to 8 pm

Friday, November 25 -Professional Learning Day - No school

Lunch and School Fees



A gentle reminder that lunch and school fees are now due. School fees are \$25 for Kindergarten students and \$40 for students in Grade 1 to Grade 8.

All school fees are payable to École Varennes. For lunch fees, please remit your cheque of \$80 (or two cheques for \$32 and a post-dated cheque for \$48 dated February 1st) payable to École Varennes, to the school office. Thank you.

School Photos - October 18

School photos will be taken on October 18 in the morning and in the afternoon. Please ensure that your child arrives on time so as not to miss his or her class photo appointment. Please note that retakes will take place on November 16 in the afternoon. Any students from the morning Kindergarten class needing retakes are invited to attend the afternoon photo session.



Professional Development Days 2018-2019

Friday, October 19

Friday, November 2

Friday, November 23

Friday, February 1

Friday, March 15

Friday, April 26

Friday, May 10

Friday, June 14

Early Dismissal Days (Classes dismissed at 2:00 pm)

Tuesday, October 23

Tuesday, November 27

Friday, December 21

Tuesday, January 22

Tuesday, February 26

Tuesday, March 19

Tuesday, April 23

Tuesday, May 28

Friday, June 28

The Importance of Daily Attendance



Students need to attend school daily and be on time for classes. Our secretaries begin calling the homes of our students if there is an unexplained absence, beginning at 8:45 in the morning and at 12:30 pm in the afternoon. If you know your child will be absent for any reason, please call the school at 204-253-1375 at any time. This will help eliminate unnecessary calls home.

We thank you in advance for your cooperation in this important matter.

**Help Your Child Succeed in School:
Build the Habit of Good Attendance Early**
School success goes hand in hand with good attendance!

DID YOU KNOW?

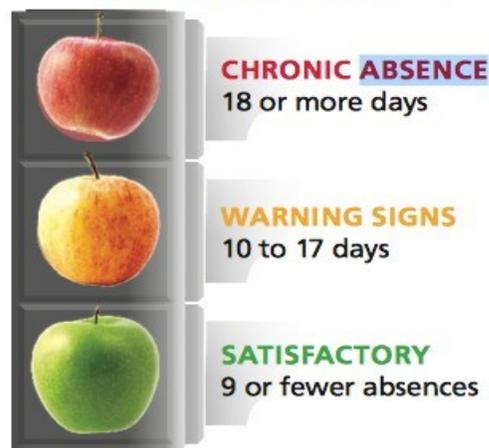
- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.

WHAT YOU CAN DO

- Set a regular bed time and morning routine.
- Lay out clothes and pack backpacks the night before.
- Find out what day school starts and make sure your child has the required shots.
- Introduce your child to her teachers and classmates before school starts to help her transition.
- Don't let your child stay home unless she is truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school counselors, or other parents for advice on how to make her feel comfortable and excited about learning.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.

When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.

Terry Fox Walk

Bravo to the École Varennes community for the wonderful spirit demonstrated to celebrate the 37th anniversary of the Terry Fox Run. Our École Varennes family was very generous with their contributions toward cancer research totaling almost **\$700**. were sent to the Terry Fox Foundation. Thank you to Mme Poliquin, Mme Duncan and the student council for organizing this event.



Rollerblades, Skateboards, Scooters & Bicycles



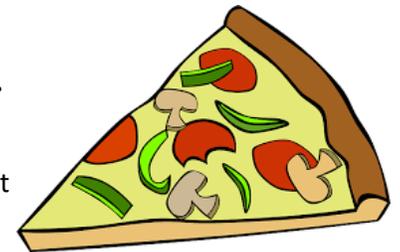
In order to ensure the safety of everyone on the playground, students must remove their roller blades or dismount from their scooters, skateboards and bicycles when they reach school property. Students with bicycles need to lock them up in the bike rack. Students with roller blades, scooters and skateboards need to hold onto them on the playground in a safe and responsible manner. Students who bring their scooter, bicycle, rollerblades or skateboard do so at their own risk. All items are stored in the classroom with the exception of bicycles. École Varennes accepts no responsibility if any of the above items are damaged or stolen.



Hot Lunch Procedures

Please ensure that you follow the points below:

- **Please send in orders by the due date. We are unable to accept any late orders.**
- Please send cash only. We are unable to accept cheques.
- Enclose the order in a sealed envelope labeled with your child's first and last name and the classroom teacher's name.
- We will no longer be reimbursing the cost of the meal if your child is absent. The lunch can be picked up or returned home by a sibling.



We are always in search of volunteers. If you are able to volunteer, please fill in the information on the lunch order form.

If you have any questions or concerns, you can contact our Hot Lunch Coordinator, Natalie Oliver, by leaving her a message at 204-253-1375.

Student Services News - Smooth Morning Routines

Do you ever find getting out the door in the morning or putting the kids to bed at night stressful times? One of the best tools for managing those morning and evening struggles is establishing a ROUTINE. Although we may think that our kids “just know” what to do, it’s important to avoid assuming. Making agreements ahead of time, in the form of a routine chart, can be extremely helpful and empowering!

Getting started is simpler than you may think. Here are 5 steps to help your mornings/evenings move from chaotic to calm:

1.) Respectfully define the “problem” – The key to a smooth morning or evening is having everyone involved in the plan. So, as a first step, bring everyone together and define the “problem.”

For example, “We have a problem that I/we could really use your help with. Mornings (or evenings) have been really hectic. I find that I’m nagging a lot and I’m sure that’s not fun for you. It’s definitely not fun for me. I/we could really use your cooperation in coming up with a solution to this problem.”

(If you haven’t been nagging, but just want to introduce the idea of a routine: “I have an idea of something that will help make our mornings/evenings super easy and could really use your help.”)

2.) Establish what tasks need to be completed and in what order – After defining the problem, involve the kids in brainstorming a list of all the things that need to get done in order to get out the door in the morning or to bed in the evening. Write (or have your child write) down all ideas. Remember, it’s about brainstorming and allowing everyone to feel involved in the process. Every idea is welcomed.

For younger kids, try taking pictures of your child doing each of their tasks – the visual is extremely helpful for them! Be sure to get the pictures developed so they can be put on a poster board.

Next, ask your children to help order the tasks. Asking kids for their ideas gives them a sense of control and significance, which increases the likelihood they will follow through and cooperate.

3.) Establish time frames – Kids are natural pleasers and do best when they know what’s expected of them. Along with outlining all that needs to be done, it can also be helpful to let the kids know by what time each “activity” should be completed.

For example, “We will need to leave the house by 7:30am in order to get to school by 7:50am. That gives you a few minutes to play on the playground before school begins at 8am. Let’s see if we can figure out how long each activity will take so that we’re sure to get everything on the list done and also be on time.” (Examples: 6:30 wake up; 6:40-6:50 get dressed etc.)

For some families this extra detailed step is helpful. For others, the list of tasks (or pictures) alone works fine. Do what works best for your family.

4.) Choose where the new routine will be displayed – Once the list (and timeframes) have been established, write it up on poster board or another paper of choice and decide where in the house it will be displayed. Some families use dry erase boards so they can make changes easily.

There can be one family schedule or each child can be in charge of his/her own individual routine (this depends on age of kids, # of kids in household, preference etc.)

5.) Expect some testing and Encourage, encourage, encourage! – If mornings or evenings have been extra hectic, expect some testing behavior. It’s normal for kids to test the boundaries and limits to see if you really plan on following through with the new plan. Change takes time...stick with it!

Now, with the schedule in place, you can allow the routine chart to be the “boss.” Aim to ask more often than you tell using encouraging statements. For example, “I see you got yourself all dressed, thank you. What’s next in your routine?” Be sure to also acknowledge their cooperation once they complete their tasks. “I really appreciate the way you used your chart to get everything done this morning. We’re on time now! Way to go! Thank you!”

Allowing our kids to be involved in family decisions, while expressing faith in their capability, is how we foster the essential traits of self-discipline, responsibility and confidence.
(except from www.positivediscipline.com)

School Safety

The safety of our students and staff is of utmost importance at all times. Our school division has created and follows [Administrative Guideline EBCA](#)— Emergency Preparedness Plan including a Fire Safety Plan and an Emergency Response Guide. In order to ensure that we are all prepared in the case of an emergency, there are several procedures that are followed on a yearly basis, including:

- We conduct ten instructional fire drills per year to ensure that students and staff are totally familiar with the emergency evacuation procedures resulting in orderly evacuation. This includes drills where we practise an evacuation to Deeper Life Church on St. Mary’s Rd.
- We conduct two emergency control procedures drills (also known as “lockdown” drills) as well as two Hold and Secure drills. Various situations compel response plans to clear school hallways, and we want students, staff, and visitors to be prepared. Not all situations are high-risk; some merely demand added caution. You will be informed, by letter, before our emergency control procedure drill. Rest assured that your child’s teacher will already have explained to your child’s class, the importance of the procedure as well as the instructions to follow during the drill. Some of the teachers (in the younger grades) will also have had their own individual practices to ensure that students are prepared for our school-wide practice.

If you have any questions related to our safety plans, please call Mme DeCruyenaere or Mme Bacon at 204-253-1375.

Back to School Safety

The Winnipeg Police Service would like to remind parents and guardians of the importance of the safety of our children as they go to and from school. Each year, serious safety hazards are created when children are being dropped off and picked up from school.



Parents and guardians who are stopping or parking their vehicles while dropping their children off are reminded to do so in an **appropriate and legal fashion**, paying particular attention to **no stopping/parking signs** in school zones. Drivers should be abiding with the pick up and drop off programs that are already established for the school.

If your child walks to school, walk with your child several times to familiarize them with the route and point out traffic hazards and situations to avoid. As the distance from home to school increases, so does the risk of encountering traffic safety hazards.

Talk to your child about traffic safety and teach them when and where it is safest to cross while stressing the importance of using crosswalks and abiding by the direction of school patrols. Children should visually scan potential dangerous areas such as parking lots and driveways for vehicles.

Parents, guardians and other motorists should consider the volume and speed of the traffic in your area. Be mindful of children in the area and pay particular attention near schools as children could dart from between vehicles at any time.

Stop signs on buses picking up and dropping off children must always be respected. Anyone not stopping when a school bus has its stop sign and lights activated may be subject to a fine under the Highway Traffic Act. Please remember, **Just Slow Down**.

Constable Natalie Aitken, Public Information Officer

Constable Jason Michalysen, Public Information Officer Office: (204) 986-3061

Upcoming School Events

Parent Committee News

At our recent Parent Committee Annual General Meeting, a new executive has been voted in:

- Natalie Oliver: President
- Megan MacDonald: Vice-President
- Charlene Sacher: Secretary
- Amanda Paradis: Treasurer

This year, the Parent Committee will begin their fundraising efforts with *Farm to School*, a vegetable fundraiser. Order forms have been sent out this week. Other fundraisers this year may include Show and Save and Raffle Baskets at the Spring Concert this spring. You may also opt out of fundraising by paying the Family Fee of \$30 per child/\$45 per family. Information about the Family Fee has also been sent home this week.

We hope to raise at least \$8,000 (the operating budget) to buy a new filtered drinking fountain on the first floor, guided reading books and bussing costs for field trips.

Please join us for our next meeting on November 14 at 6:30 pm in the school library.



Just five weeks into the school year, your Kindergarten child has begun to settle into the routines of the classroom and may even be surprising you with some new French words or even songs!

The *École Varennes Parent Committee* would like to invite you to an **Open House** to meet some of the other parents in your child’s classroom. We will be providing pizza and beverages, and there will be activities for the children to enjoy.

We know it will be a fun and successful year for the Kindergarten students. We look forward to meeting you at our Open House.

Date: Wednesday, October 18, 2018

Time and Location: 6:00-7:30 pm in the gym

See you there!

Remembrance Day

November marks a time of remembrance. Please join us **Friday, November 9 at 10:30 am** for our Remembrance Day Ceremony. Students who take part in Brownies, Guides, Sparks, Cubs, Scouts, Beavers and Cadets are invited to wear their uniform to school that day. Their uniforms are symbolic of citizenship and service to others, and are therefore most appropriate for the occasion. Poppies will be distributed to all students. Donations are gratefully accepted and will be forwarded to the Royal Canadian Legion.

We are also going to honour the deceased veterans of our students’ families. We will be sending a letter home soon seeking the names of such individuals.

Given that there is no school on Remembrance Day, you may wish to attend a public ceremony as a family or watch the national service of remembrance broadcast live from Ottawa. Other suggestions can be found on the Veterans’ Week website at: <http://www.veterans.gc.ca/eng/remembrance/veterans-week>





Hallowe'en at École Varennes

For a number of years, our school has participated in various Hallowe'en activities such as centres, celebrations, and themes as well as a Hallowe'en dance. We will begin a new tradition this year: a Free the Children/Winnipeg Harvest initiative called We Scare Hunger with the help of our student council. The idea behind this initiative is that students are like superheroes, combatting hunger. We are encouraging students to bring a non-perishable item to school throughout October 22 – October 31.

Our school will allow costumes the day of Hallowe'en to support this initiative. Your child **may** dress in any costume if he/she wishes to do so, but it is optional. In order to ensure a safe and positive experience for all, **please assist your child in being respectful of the following rules:**

1. Costumes should be appropriate for the learning environment (ex. costumes that promote violence which may frighten small children or of a sexist nature are strictly prohibited).
2. Costumes must be comfortable for the indoor temperatures and they need to fit under a coat for recess.
3. Costumes can be easily taken off if needed for washroom needs.
4. Avoid costumes which hang too low or have dangling parts (such as a long tail) that may cause children to trip as they walk, come down the stairs, going to Physical Education class or play at recess.
5. Hand held accessories and masks are to be left at home for safety reasons please.
6. **Minimum amount** of make-up is allowed (ex. Whiskers, moustache, eyebrows...**no blood**)
7. Students will be asked to change if any costume is deemed inappropriate for a school setting.

The school is not responsible for any lost, damaged or items left behind.

We take this time to remind parents about our nut-safe and peanut-safe policy at school. Please check all labels of any store-bought treats that you wish to send to school. This is a reminder that any home-baked items must also be nut and peanut free. We thank you for your understanding in this matter.

We also ask that you please monitor the amount and types of treats that are brought to school following Hallowe'en night. Always remember to read labels carefully and to only send products that are free of nuts and peanuts.

Your cooperation and collaboration in ensuring that your child respects the above expectations will ensure a positive and pleasant day for everyone.



Hallowe'en Safety Tips

Here are some tips from the Block Parent Child Safety Handbook (more tips are available on their website):

- Make-up is better than a mask. If you do wear a mask, wear one with large eye holes so you can see clearly.
- Never "Trick-or-Treat" alone; have at least two "buddies" with you for the entire evening.
- Younger children should "trick-or-treat" while it is still light out with older children or an adult.
- Never go into a home. Remain at the front door.
- Never criss-cross the street or cross between parked cars.



- Accept only professionally wrapped candy. Discard all candies which are not wrapped or whose wrapping appears to have been opened or punctured.
- Look for Block Parent® homes along your route. If you are in trouble, they are there to help.

As in past years, our school will distribute safety lights from Manitoba Public Insurance to help make children more visible as they trick-or-treat.

Parking Lot - Limited Visitor Parking

Our parking lot is a very busy place every morning, lunch hour and after school. Staff need to have access to their paid parking spot at these busy times. To help identify these paid spots, signage has been posted with a stall number along with the word Reserved. These parking spots cannot be used at any time until after the end of the school day, with the exception of events that are occurring in the evening (conferences, concert, etc.) The only spots in our parking lot that are available to the public are in the middle of the north lot or in the visitor parking spots that are clearly marked beside the school near the main entrance. There are no spaces available along any of the fences or the school for visitor parking or for dropping off students. For the safety of our students, please refrain from using the parking lot for dropping off your child(ren). There is parking along Varennes Avenue or on adjacent streets. Another option is to drop off your child(ren) in the drop off area in the cul-de-sac where they can walk safely on the sidewalk through the parking lot with the help of a supervising adult. We appreciate your anticipated cooperation. Please remember: safety over convenience.



Community Liaison Worker - Paulette Côté

Family Gym Nights - We are very happy to inform you that Family Gym Nights will be starting up again on October 16, Tuesday evenings, from 6 - 7 pm. This year, gym nights will be parent led and a big thank you going out to **Jason Ritchot, Reid McMurray and Priyanka Bains** who have all offered to help with ensuring it all runs smoothly! These evenings are intended to be an opportunity for families to come together, get active and make new friends in the community. Please remember to leave winter boots on the carpet below the stairs, bring indoor running shoes and assist parents with taking out/cleaning up of equipment. We will also have a fruit and veggie bowl at the door for those families unable to get home before gym time. Please sign in with your contact information so we can let you know if gym nights are cancelled. Also check out École Varennes [web-site](#) for information on changes or cancellations. Come out and have fun!!!

Canada Learning Bond - If you are eligible for the Canada Learning Bond, you will have received a letter in the mail and are welcome to attend the sign-up event at Lavallee School on Friday, October 19, 2018 between 1 pm and 9 pm. At the event, you may be able to open an RESP and request the Canada Learning Bond for your child while you are there. Please bring Social Insurance Numbers for you and your child. This will also be an opportunity to apply for Birth Certificates free of charge if needed. Childminding will be available as well as bus tickets. Please contact Paulette Cote at 204-253-1375 for more information or call 1-866-991-0025. Paulette will also have a table out in the hallways next week at our school and is able to answer your questions regarding eligibility for the sign up on October 19 at Lavallee School.

Thank you! We would like to thank all those parents and relatives who have offered to bring in food to support both our school community and the St. Mary's Road Food Bank! A big merci also to staff and parents who continue to supply winter clothing, running shoes, and winter boots for families in need. All supplies not used within our immediate community are forwarded both to the Louis Riel Clothes Closet or the students volunteering at the food bank to transport items as donations to their boutique for the greater community. Any parents requesting supplies can contact Paulette confidentially at the school at 204-253-1375. Thank you, thank you, thank you!

St. Mary's Road Food Bank - We look forward to once again volunteering with our students at the St. Mary's Road Food Bank beginning on Wednesday, October 10 in the afternoon. Joan Boone spoke to the Grades 5 to 8 students recently to tell them about this exciting volunteer opportunity. We have easily filled up our quota of four students per week to volunteer until June 5. The schedule will be posted in the classrooms for the students to learn which dates they will be attending the food bank. Congratulations to our community of young volunteers, you do make a difference!!!

October 2018

Mon	Tue	Wed	Thu	Fri
1 Stay N Play 8:45-11:00am CLOSED PM	2 Baby N Me 9:00-11:00am Coffee Time 1:00-2:30pm	3 Reading Rainbow 9:00-11:00am Coffee Time 1:00-2:30pm	4 Stay N Play 8:45-11:00am Coffee Time 1:00-2:30pm	5 Stay N Play 8:45-11:00am CLOSED PM
8 Centre Closed Thanksgiving	9 Baby N Me 9:00-11:00am Coffee Time 1:00-2:30pm	10 Reading Rainbow 9:00-11:00am Coffee Time 1:00-2:30pm	11 Stay N Play 8:45-11:00am Coffee Time 1:00-2:30pm	12 Library Visit 9:30-10:15am CLOSED PM
15 Stay N Play 8:45-11:00am CLOSED PM	16 Baby N Me 9:00-11:00am Coffee Time 1:00-2:30pm	17 Reading Rainbow 9:00-11:00am Coffee Time 1:00-2:30pm	18 Stay N Play 8:45-11:00am Coffee Time 1:00-2:30pm	19 Centre Closed Inservice
22 Stay N Play 8:45-11:00am CLOSED PM	23 Baby N Me 9:00-11:00am CLOSED PM	24 Reading Rainbow 9:00-11:00am Coffee Time 1:00-2:30pm	25 Library Visit 9:30-10:15am Coffee Time 1:00-2:30pm	26 Family Breakfast 9:00-11:00am CLOSED PM
29 Stay N Play 8:45-11:00am CLOSED PM	30 Baby N Me 9:00-11:00am Coffee Time 1:00-2:30pm	31 Halloween Party 9:00-11:00am Coffee Time 1:00-2:30pm		

Centre Familial October Newsletter Family Centre



We will be starting a brand new program this month at the Family Centre. Its called Reading Rainbow and will run every Wednesday, starting Oct 3, until Spring Break. It's a literacy based program for families with children 2-5. We will focus on a letter a week and have activities, songs and crafts based on that letter. Another big component is Reading Rainbow time on our new quilt. We will have an array of books to read with your child around the quilt and we will also start a lending library. This is a drop in program so no registration is required.



Our Halloween Party will be on October 31st from 9:00-11:00am. Feel free to come in costume! We will have Halloween activities, songs, stories and some Halloween goodies! We would like you to let us know if you will be joining us to ensure we have enough for everyone!



This month, we will be visiting our school library and having story time with Amy-Leigh! We will have our lending library out as well for families to take 1 book per child home with them. Check the calendar for dates and times!

Our centre has Scholastic Book orders available for families to order books if they so wish! Orders also help the Family Centre get more new books! Forms are on the wall near the door. Help yourself. Order due dates are on the front of the form. No Cash please.

Shawna Crane-Family Centre Coordinator-shawna.crane@lrsd.net

204-253-1375

Kristine Bettencourt-Family Centre Assistant-kristine.bettencourt@lrsd.net

Supported by Louis Riel School Division, St. Vital Parent Child Coalition and Healthy Child Manitoba-Putting Children and Families First.

November 2018

Mon

Tue

Wed

Thu

Fri

			1	2
				Closed Inservice
5 Stay N Play 8:45-11:00am Closed PM	6 Baby N Me 9:00-11:00am Coffee Time 1:00-2:30pm	7 Reading Rainbow 9:00-11:00am Coffee Time 1:00-2:30pm	8 Stay N Play 8:45-11:00am Coffee Time 1:00-2:30pm	9 Stay N Play 8:45-11:00am Closed PM
12 Gym N Play 8:45-11:00am Closed PM	13 Baby N Me 9:00-11:00am Coffee Time 1:00-2:30pm	14 Reading Rainbow 9:00-11:00am Coffee Time 1:00-2:30pm	15 Stay N Play 8:45-11:00am Coffee Time 1:00-2:30pm	16 Nutrition Bingo 9:00-11:00am Closed PM
19 Stay N Play 8:45-11:00am Closed PM	20 Baby N Me 9:00-11:00am Coffee Time 1:00-2:30pm	21 Reading Rainbow 9:00-11:00am Coffee Time 1:00-2:30pm	22 Stay N Play 8:45-11:00am Coffee Time 1:00-2:30pm	23 Closed Inservice
26 Stay N Play 8:45-11:00am Closed PM	27 Baby N Me 9:00-11:00am Closed PM	28 Reading Rainbow 9:00-11:00am Coffee Time 1:00-2:30pm	29 Stay N Play 8:45-11:00am Coffee Time 1:00-2:30pm	30 Family Breakfast 9:00-11:00am Closed PM

Family Centre Newsletter

Centre Familial

November 2018

Our Programs

Stay N Play– is a drop in program where we offer activities, snack, circle/story time and most of all, play! Coffee and tea are always available.

Reading Rainbow– is a free literacy program geared for children 2-6 that involves a letter of the alphabet each week. Lots of activities, snack and circle/story time each week. No registration required.

Baby N Me– drop in program for moms with babies 0-12 months. We talk about infant development, have guest speakers, and best of all, coffee! :)

Family Breakfast– once a month, we offer a free breakfast to our families. Come and eat and enjoy the centre.

GYM N Play– this is similar to Stay N Play, but we get 1/2 hour in the gym from 10:45-11:15 (yes, 15 minutes longer than normal!) We will play some organized games and have some free gym play.

Coffee Time– this program is an unstructured play time where parents can bring their non-nappers for some free play and good conversation.



This month we will be starting our Nutrition Bingo. Win some yummy prizes as well as take home a meal for your family. Our first event will be on Friday, November 16th from 9:00-11:00. Please RSVP by November 9th to confirm your spot. Space is limited so sign up early!



Our Staff

Shawna Crane–Family Centre Coordinator– shawna.crane@lrsd.net

204-253-1375

Kristine Bettencourt– Family Centre Assistant - kristine.bettencourt@lrsd.net

Supported by Louis Riel School Division, St. Vital Parent Child Coalition and Healthy Child Manitoba–Putting Children and Families First.



Louis Riel School Division Career Information Evening Support and Casual Positions

(Bus Drivers, Educational Assistants, Custodians,
School & Office Clerical, Library Assistants,
Casual Lunch/Bus/Walking School Bus
Supervisors and Crossing Guards)

Thinking about a career in Louis Riel School
Division and want to know more about who we
are and the employment options we offer?
This event is for you!

A great opportunity to hear first-hand information
about the various support and casual positions
we employ, job specifications, required
qualifications and experience including an
overview of the application and recruiting
process. For more information, we welcome you
to join us!

Thursday, October 25, 2018
Open House between 5:00 – 7:00 p.m.
900 St. Mary's Road, Winnipeg, MB

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8:30 AM - 3PM

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